

## National Council for Children

### Annual Report: Training and Education Section

#### Training and Education Review of the year 2023

The Training section conducted trainings on various topics from January to November 2023. Additional to the training conducted, the section was involved and took the lead in other activities organized by the council and played a significant role in the development of the council's plans and targets.

#### Training

66 training sessions were conducted between January and December 2023. The sessions covered 12 different modules as shown in Table 1 below.

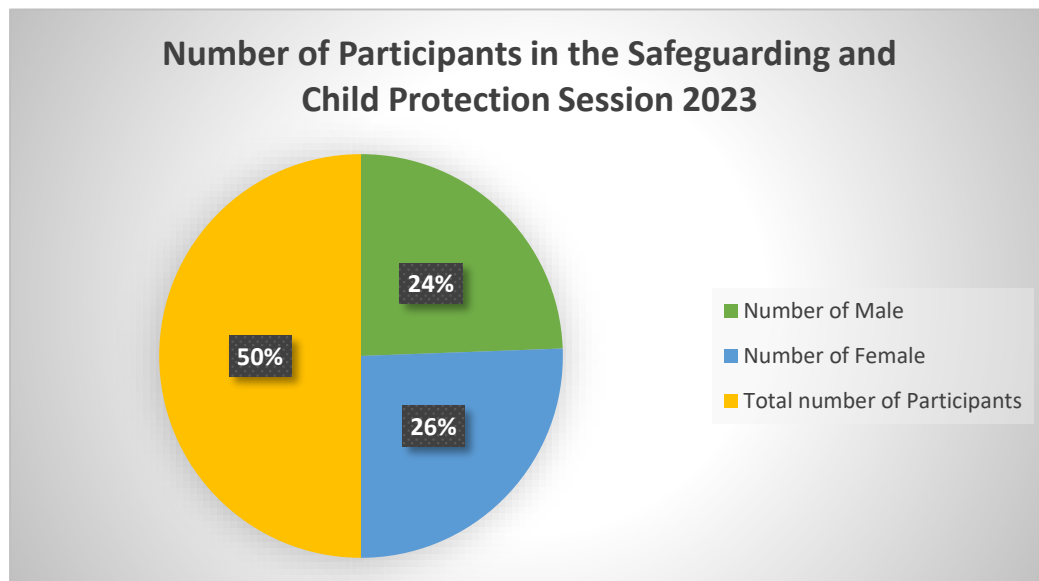
Modules covered 2023
Parenting
Safeguarding
Classroom Management
Children's Right and Responsibilities
Safeguarding and Child Protection
Bullying
Self-Respect
Values
Emotions and Emotional Intelligence
Stress Management
Confident and Self-Esteem
Protective Behaviour

#### Safeguarding

The session started during mid-February, targeting Primary 6 students as part of their transition programme. It was delivered across all state Primary Schools with the exception of Praslin and La Digue due to budgetary constraints. One private school (Children's House) also requested the session so as to better support the children under their care.

The aim of the safeguarding session was to equip the children with knowledge on how to keep themselves safe as well as help them to be more assertive so as not to end up in situations which might cause them harm. In all **1145** Primary 6 students attended the session in which **559** were Male and **586** Female

The pie chart below shows that more Primary 6 girls took part in the training. However, the difference was not significant.

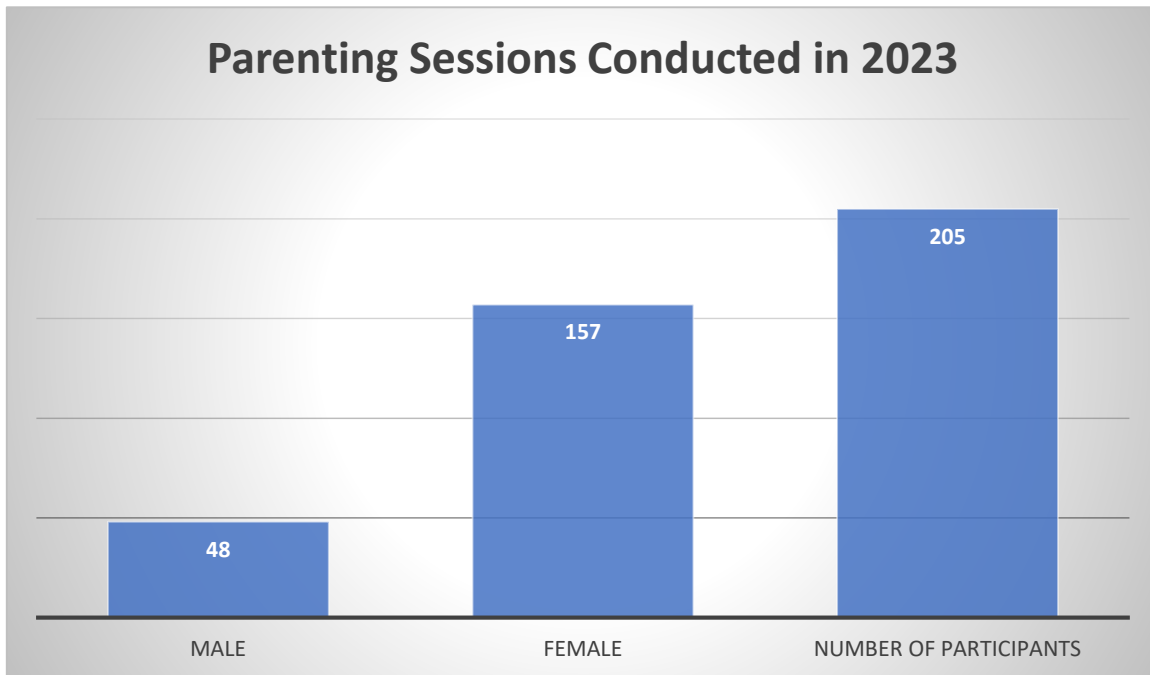


Responses from the training sessions were very positive, discussions held with the children upon completion of the sessions showed that they appreciated the information they received. The activity conducted in the beginning to test their prior knowledge showed that around 70% of the children were informed about the different types of abuse while 20% were not or only had some information but not all. Upon completion of the sessions all children in attendance had the necessary information and could identify all the different types of abuse.

### **Parenting**

The session started in March with a small number of participants. The different sessions were conducted in various workplace and also at the NCC Headquarters. The results show that there is still a relatively huge gap between gender based for the participants, whereby there is more female participation than male.

Out of the 205 participants, 48 were male and 157 were female. This data shows the reluctance of men to participate in the training.



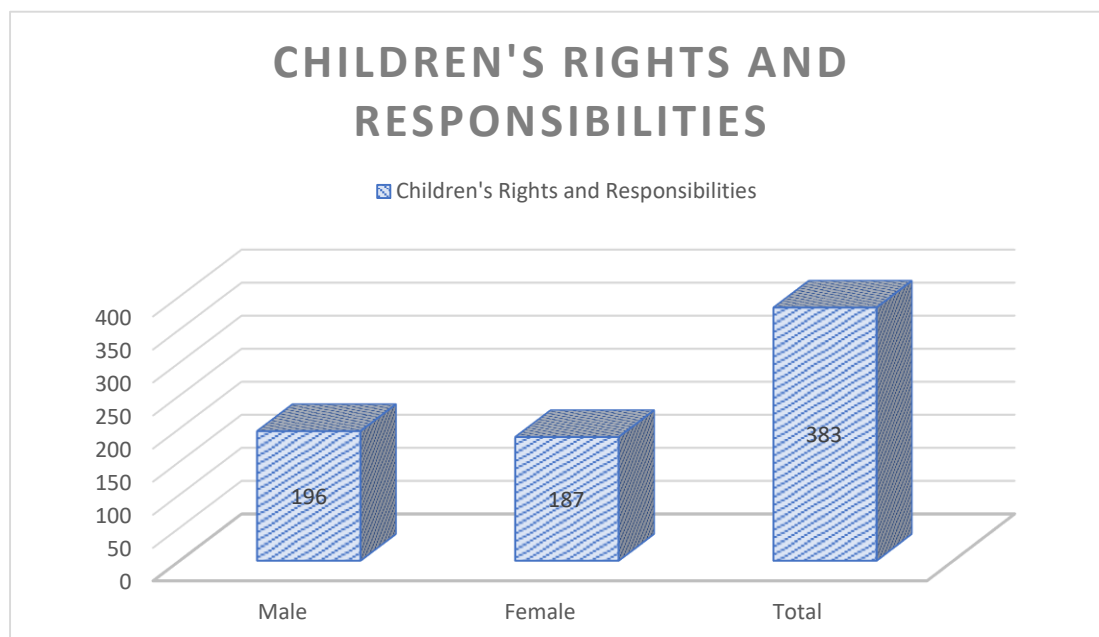
### **Classroom Management (Behaviour)**

This session started during March and was done in some schools that requested the sessions. The different staff showed enthusiasm towards the session and thus requested more on different aspects of classroom management. Then again, we still see a great gap between the two genders.

Male Participants	Female Participants	Total Participants
10	191	201

### **Children's Rights and Responsibilities Sessions Conducted in 2023**

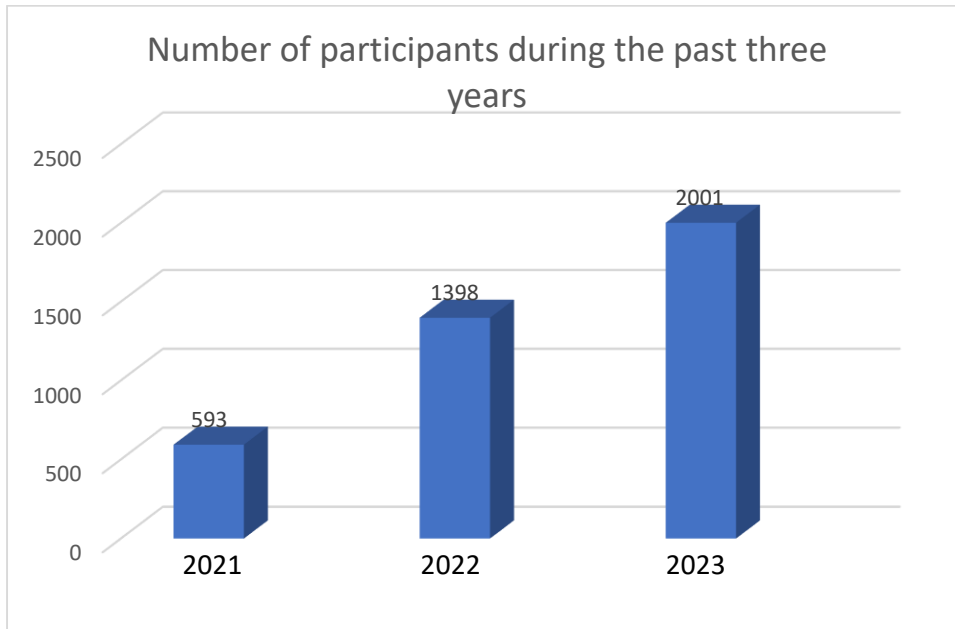
The session started mid-February and was done in five secondary schools around Mahe. The data shows that there is not a much bigger gap between the male and female.



Other sessions were also conducted with various stakeholders on various topics during the year. The table below illustrates those sessions and the number of participants who attended.

Module	Number of Sessions	Number of Female	Number of Male	Total
Protective Behaviour	1	8	12	20
Bullying	3	23	44	67
Safeguarding (Adults)	5	43	19	62
Emotions and Emotional Intelligence	1	44	31	75
Stress Management	2	34	40	74
Confident and Self-Esteem	1	38	43	81
Values	1	0	10	10
Self-Respect	1	8	0	8
<b>GRAND TOTAL</b>	<b>15</b>	<b>198</b>	<b>199</b>	<b>397</b>

With new qualified staff joining the section in 2023, we have recorded an increase in the number of sessions conducted and in the number of participants as highlighted in the graph below. This clearly shows that much more can be accomplished with the right set of individuals.



Additional to the training conducted, the section has also been instrumental in the organization and execution of many activities in 2023, such as, Live Press Conference with the President, book parade, think like a lawyer, Laserenad Zanafan, Konpetisyon romans e ladans, Children's Conference and give a child a gift. The staff has also represented NCC on numerous occasions in various activities organized locally. Furthermore the section organised a team building activity with Boys Choir from Plaisance Primary School.

A day out with the PV children was also organised by the end of the year at the Paradis de Enfants and Botanical Garden.

## **Boot Camp**

The government has launched its campaign against obesity in the country and NCC fully support this campaign as we have also observed the same concern in young children over the past years. Therefore, NCC introduced an exercise boot camp.

The programme was scheduled for three (3) Saturdays starting from Saturday 21<sup>st</sup> October. The programme was coordinated by certified fitness trainers.

The aim of the Boot Camp was to introduce exercise to the children through play in order to help them enjoy physical activity. Regular exercise will help the children

- Lose weight
- Improve cardiorespiratory fitness
- Build stronger bones and muscle
- Reduce the risk of developing ill health conditions and
- Increase their well-being and overall quality of life.